

## Education Programs

Contributed by Lauralee Berrill  
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### Speakers Topics Include:

- Myths & Misconceptions of Diet & Nutrition
- Exercise Principles & Fit for Life
- Workplace Postural Health
- Industrial Ergonomics
- Risk Management
- Trade Practices
- Conflict Resolution
- Six Thinking Hats
- Personality Profiling

Plus many more&hellip;